Current Concepts in Advanced Practice Thursday, Dec. 5 and Friday, Dec. 6, 2024 Virtual Symposium

# Preconference Sessions Wednesday, Dec. 4, 2024

Incorporating Informatics into APP Practice APP Well-being Behavioral Health Considerations for Advanced Practice





### **COURSE OVERVIEW**

The Current Concepts in Advanced Practice Conference commences in 2024 which marks the 4th anniversary of Children's Hospital of Philadelphia's innovative Advanced Practice Provider Conference. This one-of-a-kind conference is packed with dynamic speakers and a wide variety of topics related to all aspects of pediatric advanced practice including innovations in medical management and professional development strategies as well as leadership and topics for managers.

Three distinct program tracks: Acute Care, Ambulatory/Primary Care and Managing APPs, allow attendees to tailor their experience based on their interests. Virtual opportunities for interactive learning and professional networking will augment the didactic components of the sessions. After the live virtual conference, attendees have the opportunity to view presentations from any of the three program tracks for additional contact hours. Attendees can earn more than 40 continuing education hours and 16 pharmacology hours.

Expanded this year: Join one or more of the three optional preconference sessions on incorporating informatics into APP practice, APP well-being and/or behavioral health considerations for Advanced Practice.

The conference is targeted to advanced practice providers, physician colleagues, nurses and students in all practice areas throughout the spectrum of pediatric healthcare.

### **Keynote Speakers**

### **Cassie Solomon, MBA**

Cassie Solomon is a highly experienced organizational development consultant and executive coach. She is the founder and president of The New Group Consulting, a firm dedicated to helping leaders design and implement successful change.

### Melissa Nunn, DNP, APRN, CPNP-PC/AC, CNE, NEA-BC

Dr. Melissa Nunn serves as the inaugural Advanced Practice Director at Children's Hospital New Orleans and is an Assistant Professor of Clinical Nursing at LSU Health New Orleans School of Nursing. Dr. Nunn serves as the program coordinator for the Pediatric Primary Care and Pediatric Acute Care Nurse Practitioner Programs at LSU Health New Orleans.

### Greg Hedler, LCSW, ACC

Greg Hedler is program manager for strategic talent management and learning at Children's Hospital of Philadelphia's Center for Professional Growth.

### **Patient and Family Experience Panel**

Panelists - Monica Jones, Molly Zangrilli, Shimuna Afroja, and Kristy Dikon will be discussing the impact of keeping patients and families at the center of our care.

### **GENERAL INFORMATION**

Virtual Conference: The registration fee includes the conference live stream, online presentations, and Continuing Education credits.

The registration fee for the virtual conference is \$500 and \$300 for students.

The registration fee for each preconference session:

- \$200 for full-day preconference session (Informatics)
- \$150 for each 1/2 day preconference session (Well-being or Behavioral Health) or \$200 for both 1/2 day conference sessions

## **Course Objectives**

- · Describe current evidence-based practices for managing pediatric patients across the healthcare spectrum
- Identify opportunities for innovative approaches to caring for pediatric patients.
- Explain the current state of practice for APPs across the nation
- Discuss management strategies to optimize team structure, leadership, and professional development

# CANCELLATION AND REFUND POLICY

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, Children's Hospital of Philadelphia will refund any registration fees, less a \$75 service charge, but is not responsible for any related costs, charges or expenses to participants. In order to process refunds for course withdrawals, cancellation must be received in writing by Wednesday, Nov. 27, 2024. No refunds will be issued thereafter.

### ACCREDITATION



In support of improving patient care, this activity has been planned and implemented by the Children's Hospital of Philadelphia. The Children's Hospital of Philadelphia is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME),

the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### DESIGNATION OF CREDIT

Nurses: This program provides a maximum of 56.5 ANCC contact hours.



This activity was planned by and for the healthcare team, and learners will receive a maximum of 56.5 Interprofessional Continuing **IPCE CREDIT**<sup>™</sup> Education (IPCE) credit for learning and change.

This activity has been reviewed by the American Academy of Physician Associates Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 56.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 12/4/2024 to 2/5/2025. AAPA reference number: CME-2012465.

## PROGRAM Preconference — Wednesday, Dec. 4, 2024

# Behavioral Health Considerations for Advanced Practice (9a - 1p)

| 9-10 a.m.      | Transition to Adulthood Considerations for Autistic Teens<br>with and Without Intellectual Disability<br><i>Elizabeth Kaplan-Kahn</i>  |
|----------------|--|
| 10-11 a.m.     | <b>Emerging Personality Disorders</b><br><i>Pelagia Papathomas</i>   |
| 11 a.m 12 p.m. | Non-suicidal Self-injurious Behaviors<br>Jill Meyer  |
| 12 - 1 p.m.    | A Safe Place to Talk: The Importance of Supervision and Support<br>in the Healthcare Setting<br>Lauren Young Ermentrout  |
| APP Well-being | a (2p-6p)  |
| 2-3 p.m.       | Communication Strategies for Well-being<br>Laura A. Kirk   |
| 3-4 p.m.       | Championing Diversity: Fostering Well-being and Belonging<br>for APPs<br>Monica Nandwani   |
| 4-5 p.m.       | Power of the Well-being Champion Network: Local Level Lessons<br>Learned<br>Bridget Sullivan Garmisa<br>Three Well-being Champions—Molly Cannon, Alexis Moloney,<br>Maren Oser |
| 5-6 p.m.       | Ease of Daily Work: Applying Foundations of QI Methodology to<br>Well-being Improvement<br>Lauren Boldizar   |



| Incorporating   | Informatics into APP Practice (10a-6p)  |  |
|-----------------|---|--|
| 10 - 10:10 a.m. | Opening remarks<br>Lillie Rizack  |  |
| 10:10 – 11 a.m. | From Notes to Insights: Tackling Documentation Challenges<br>with DAX<br>Kristina Haralambides  |  |
| 11 a.m 12 p.m.  | <b>Reducing Documentation Burden</b><br><i>Kenrick Cato</i><br><i>Meriah Ward</i>   |  |
| 12-1 p.m.       | Approaches to Capturing APP Productivity<br>Carrie Chan   |  |
| 1-1:30 p.m.     | Lunch   |  |
| 1:30–3 p.m.     | Clinical Decision Support Presentations:<br>Advancing Preventive Care through Clinical Decision Support<br><i>Carrie Chan</i>           |  |
|                 | Identifying Candidates for Self-management of Epilepsy<br>Dana LoTempio   |  |
|                 | Smart Steps: Innovating Pediatric Care with CDS for Hypertension<br>and NAFLD in Obese Youth<br>Suzanne Paul                            |  |
|                 | Using SmartForms for Improved Provider Documentation and<br>Patient Outcomes<br>Chris Taylor  |  |
|                 | A Pediatric Approach to Naloxone Co-prescribing<br>Michele Bythrow & Melissa Rodriquez  |  |
| 3–3:15 p.m.     | Break   |  |
| 3:15-5 p.m.     | Empowering APP Informaticist: Education, Strengths, and<br>Organizational Impact — Panel Discussion<br>Moderator: Kristina Haralambides |  |
|                 | Panelists: Hyelim (Esther) Park; Thomas Davey;<br>Lois Walters-Threat; Patti Cuartas; Lynda Hoeksema                                    |  |
| 5-6 p.m.        | Closing and Networking<br>Lillie Rizack   |  |

# Day 1: Dec. 5, 2024

| Time                    | Acute Care   | Ambulatory/Primary Care  | Managing APPs  |  |  |  |
|-------------------------|--|--|--|--|--|--|
| 8-8:05<br>a.m.          | <sup>5</sup> Welcome and Introductions   |  |  |  |  |  |
| 8:05-<br>9:05 a.m.      | Keynote Session: APF<br>Cassie Solomon   | Ps and the Future of He  | ealthcare with   |  |  |  |
| 9:05-10<br>a.m.         | Beyond the First Impact:<br>Compassion for Caregivers<br>Experiencing Secondary<br>Trauma After an Error<br>Christine Franciscovich  | Is it Derm or Is it Allergy?<br>James Treat  | <b>Psychological Safety for</b><br><b>Healthcare Leadership</b><br><i>Patrice Forcine</i><br><i>Haley B. Hlela</i> |  |  |  |
| 10-10:15<br>a.m.        |  | BREAK  |  |  |  |  |
| 11:15 a.m.              | Anatomy of a Fracture –<br>Breaking it Down<br>Stefanie Shopa<br>Caitlin Wetzler   | Breakouts (3 options)<br>Dietary Considerations for<br>Depression and Anxiety in<br>Children and Youth<br><i>Tiesha Johnson</i>              | Difficult Conversations,<br>When to Escalate<br>Barbara N. Brookins  |  |  |  |
|                         |  | Urology for the Primary<br>Care Provider<br>Jennifer Kirk  |  |  |  |  |
| 11.15                   |  | Asthma — Brian Bizik   |  |  |  |  |
| 11:15 -<br>11:30 a.m.   |  | BREAK  |  |  |  |  |
| 11:30 a.m<br>12:30 p.m. | Pulmonary Breakouts (3<br>options); Introduction<br>to Dysplasia (BPD):<br>Mark Blanke; Readiness<br>for Transition: Portable<br>Ventilators and Discharge<br>Considerations for Trach/<br>Vent Patients: Kerith Hiatt;<br>Asthma Updates, SMART<br>Therapy and What happened<br>to Flovent? Haley Lamborn | Use of GLP-1RA<br>Medications for<br>Management of Obesity<br>and Diabetes<br>Shayne Dougherty   | Medical Director Trajectory<br>Stephanie Shea  |  |  |  |
| 12:30 -<br>1 p.m.       | LUNCH  |  |  |  |  |  |
| p.m.                    | APP Wellness Panel:<br>Stress Less Initiative<br>Caitlin Axtmayer; Laura Vega  | Panel: Common GI<br>Complaints<br>Kaitlin DaTorre  | Mentorship and Peer<br>Support for APPs Panel:<br><i>Elizabeth Moynihan</i>  |  |  |  |
|                         | Employee Well-being<br>Leah Olude  | The ABCs of IBD -  | Amelia Cataldo<br>Kate Bordner<br>Karen Warren   |  |  |  |
|                         | <b>Care for Colleagues</b><br>Darlene Barkman  | Recognizing and Caring for<br>Patients with Inflammatory<br>Bowel Disease in the<br>Primary Care Setting<br>Katherine Hartman<br>Laura White |  |  |  |  |
|                         | <b>APP Wellness Champion</b><br>Jennifer Babia-Espiritu<br>Alexandra Kirchner  |  |  |  |  |  |
|                         | Spiritual Care<br>Kelly Jean-Philippe  |  |  |  |  |  |

| 2:15 -                        |  | BREAK   |  |
|-------------------------------|--|---|--|
| 2:30 p.m.                     |  |   |  |
| 2:30 -<br>3:30 p.m.           | What is CPB, XC, CA?<br>An Explanation of What<br>Happens in the Real Cardiac<br>Operating Room<br><i>Christy Bosler</i>   | Breakouts (2 options)<br>Bone Heath<br>Megan Lessig<br>Syncope- Vasovagal,<br>Mimic or Malignant<br>Rachel Keashen<br>Erin O'Connor Prange      | From Clinician to Leader:<br>Navigating the Transition<br>for Advanced Practice<br>Providers<br>Melanie Reynolds<br>Kamala Gipson-McElroy            |
| 3:30 -<br>4:30 p.m.           | the Impact of the Advanced Pr  | ents and Families at the Center<br>actice Provider from a Family l<br>ailer — Panelists: Monica Jones,  | Experience   |
| Day 2: I                      | Dec. 6, 2024   |   |  |
| Time                          | Acute Care   | Ambulatory/Primary Car  | e Managing APPs  |
| 8-9 a.m.                      | Keynote Session: Generation  | onal Workforce with Meliss  | a Nunn   |
| 9 - 10 a.m.                   | Difficult Conversations:<br>Bridging the Gap when<br>Misaligned Goals Are<br>Present<br>Ana Arias-Oliveras   | Concussion: The Minds<br>Matter Management Model<br>Roni Robinson<br>Lindsay Calandra   | Leading with Emotional<br>Intelligence –<br>Considerations for<br>a Neurodiverse APP<br>Population<br>Rebecca Wright                                 |
| 10 - 10:15<br>a.m.            |  | BREAK   |  |
| 10:15 -<br>11:15 a.m.         | Advanced Skin Assessments<br>for the Advanced Practice<br>Provider<br>Molly Stetzer  | Tips and Tricks for<br>Management of<br>Pediatric Sexual Assault<br>Sara DiGirolamo<br>Jennifer Molnar  | Managing Teams<br>Greg Hedler  |
| 11:15 -<br>11:30 a.m.         |  | BREAK   |  |
| 11:30 a.m.<br>- 12:30<br>p.m. | Exploiting Circulating<br>Tumor DNA (ctDNA) to<br>Predict Outcomes and<br>Tailor Treatment for<br>Neuroblastoma; Learning<br>From a Simple Blood<br>Draw<br>Jennifer N. Saggio | Breakouts (2 options)<br>Lifting the Weight of<br>Child Lead Poisoning<br>Kevin Osterhoudt<br>Understanding Autism<br>in Girls<br>Melissa Fedor | Inside Edition of the<br>APP Flex Team<br>Eileen Aber<br>Desarae Costanzo<br>Caitlin Davenport<br>Rebecca Gallagher<br>Jill Hillman<br>Haley Lamborn |
| 12:30 -<br>1 p.m.             |  | LUNCH   |  |
|                               |  |   |  |

| 1 - 2 p.m.          | Neurology Breakouts<br>(3 options)<br>Chiari Malformation<br>Bridget Noel<br>Newer Advancements in<br>Epilepsy Treatment<br>Alexandra Kirchner<br>Neurocritical Care<br>Caitlyn Mulvihill | Breakouts (3 options)<br>The Urgency of<br>Hypoglycemic<br>Identification<br>Heather McKnight<br>Gender-affirming<br>Medical Care<br>Nellie Lazar<br>Thinking Better at the<br>Bedside<br>Richard Scarfone<br>Regina Toto   | Making Orientation a<br>Success<br>Shelby Boone<br>Brandi Runnels |
|---------------------|---|---|---|
| 2 - 2:15<br>p.m.    |   | BREAK   |   |
| 2:15 -<br>3:30 p.m. | Emerging Technology in<br>Medicine: Safety, Ethics<br>and Impact<br><i>Keith Widmeier</i>   | Mental Health Panel:<br>Trauma-focused<br>Cognitive Behavioral<br>Therapy with Children &<br>Adolescents<br>Maxwell Greenspan<br>Childhood Disruptive<br>Behavior Disorders<br>– Identification and<br>Treatment with<br>Behavioral Parent<br>Training<br>Alison Zisser-Nathenson | <b>Competency Panel:</b><br>Nannette Albright<br>Emily F. Moore   |

3:30 -4:30 p.m. Keynote Session: One Percent — Greg Hedler



Unless otherwise noted, faculty is from Children's Hospital of Philadelphia and/or the Perelman School of Medicine at the University of Pennsylvania.

### **Program Directors**

Kristin Atlas, MSN, CPNP-AC, ACCNS-P Clinical Nurse Specialist Infant Transitional Care Unit

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### **Planning Committee**

Incorporating Informatics Into Advanced Practice Preconference Session

Kristina Haralambides, FNP-BC Director of Provider Informatics University of Rochester Medical Center (New York)

**Hyelim Park, MSN, FNP-C** Director of Clinical Informatics International Community Health Services

**Lillie Rizack, CNM, ACHIP** APP Clinical Data Specialist

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Clinical Program Manager, Sepsis Dept. of Anesthesiology & Critical Care Medicine, Critical Care Center APP Program Director, Quality Informatics DigITs Memorial Sloan Kettering Cancer Center (New York)

APP Well-being Preconference Session

Bridget Sullivan Garmisa, MSN, MS, CPNP, RD APP Well-being Program Lead Primary Care Nurse Practitioner



# Behavioral Health Considerations for Advanced Practice Preconference Session

Lauren Ermentrout, DNP, PMHNP-BC APP Manager Behavioral Health Services

### Ambulatory/ Primary Care Program

Eileen W. Bookbinder, MSN, CRNP Nurse Practitioner Department of Pediatrics

### Bernadette Gerardi, MSN, CPNP

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